

Covid-19 Guidelines

Please help to protect yourself and other members by respecting the following rules

DO NOT visit the club if you or any of your household or support bubble show coronavirus symptoms or if you are self-isolating. Recognised symptoms are: a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.

Follow the latest guidance on the government website at <https://www.gov.uk/coronavirus>

Maintain social distancing where possible.

Sanitise/wash your hands regularly.

Wearing masks in the building is encouraged but is a personal decision.

Please try and arrive ready to sail and leave without changing if possible.

Keep as far apart from each other in the changing rooms as possible.

Keep doors and windows open while people are in the clubroom.

Mast head floats are no longer compulsory - but if you have one, why not use it?